

# Chaste Living Retreat Day

The Church has good news to proclaim about the family and about human love and sexuality. This good news is important for our children to learn as they are bombarded with many mixed messages from contemporary culture, media and a variety of powerful voices. Catholic sexuality education helps one to understand that sexuality is a gift from God, a precious dimension of human life that requires reverence and care. It sets forth the call to chastity and recognizes the critical importance of the family and particularly parents in the education of their children in human sexuality. Unless the family inculcates the right attitudes, unless the root values and beliefs of the faith are established in the early years of childhood development in the home, other forms of Christian education can scarcely be effective.

In helping parents with this critically important responsibility, the Archdiocese of Indianapolis is implementing revisions to the guidelines for chastity and sexuality education in our schools and faith formation programs. Our school and parish faith formation program will be implementing Benziger *Family Life* series to provide catechesis on sexuality for children in grades 5-8. This series has been approved by the United States Catholic Conference of Bishops for both content and methodology.

The role and responsibility of parents in the education of their children regarding faith and sexuality is critical. All parents of students enrolled in grades 5-8 in both the school and parish faith formation program are invited to attend a *Chaste Living Retreat Day* on **Saturday, February 20<sup>th</sup>, 9:00-3:00, at OLPH School**. This will provide you with an opportunity to gain an understanding of “Theology of the Body”, a beautiful teaching from Pope John Paul II. Registration forms are available on the parish website, [www.olphna.org](http://www.olphna.org).