




# January 2010

## OLPH SCHOOL LUNCH MENU



| Sun  | Mon   | Tue   | Wed   | Thu  | Fri   | Sat  |
|--|---|---|---|--|---|--|
|  |   |   |   |  | 1  | 2 MILK: SKIM, STRAWBERRY, VANILLA, 1%, & CHOCOLATE                   |
| 3<br><i>WELCOME<br/>BACK<br/>TO SCHOOL!!!!</i> | 4 Chicken & Cheese Quesadilla w/tops<br>Broccoli/cheese<br>Beans & Rice<br>Salsa & Fruit                          | 5 Hot Ham & Cheese<br>Chicken Noodle soup<br>Carrots & dip<br>Pear Crisp<br>Fruit | 6 HB/CB w/asst tops<br>French Fries<br>Corn on the cob<br>Fruit                       | 7 Corn Dog<br>Cheesy Potatoes<br>Peas<br>Fruit   | 8 The Max Pizza<br>Salad<br>Buttered corn<br>Cookie<br>Fruit                          | 9 JUICE: APPLE & ORANGE<br>EXTRAS: WATER, YOGURTS, & GOGURTS ARE .50 |
| 10   | 11 Pancakes <i>OR</i><br>Cinnamon Toast<br>Syrup & Sausage<br>Hash Browns<br>Cinn Apples & Fr                     | 12 Baked Ham<br>Mac & cheese<br>Peas<br>CB Muffin<br>Pear Crisp & Fr              | 13 Chicken Rings<br>Mashed Potatoes &<br>Gravy, Green Beans<br>Roll<br>Fruit          | 14 BBQ Riblet/bun<br>French Fries<br>Baked Beans<br>Cake<br>Fruit                                | 15 Spaghetti with<br>Sauce & Salad<br>Buttered corn<br>Cheesy Breadsticks<br>Fruit    | 16   |
| 17   | 18<br>MARTIN<br>LUTHER<br>KING DAY  | 19 Chicken Fajitas<br>w/asst toppings<br>Broccoli & cheese<br>Rice<br>Fruit       | 20 Peanut Butter<br>Sandwich & Chili<br>Celery & dip<br>Crackers<br>Juice Bar & Fruit | 21 Turkey & Gravy<br>Mashed Potatoes<br>Carrots<br>Roll<br>Fruit                                 | 22 Baked Spaghetti<br>Salad<br>Buttered Corn<br>Garlic Toast<br>Ice Cream & Fruit     | 23   |
| 24   | 25 Fish on a bun<br>Mac & Cheese<br>Peas<br>Fruit   | 26 Sausage, Egg, &<br>Cheese on a biscuit<br>Hash Browns<br>Fruit                 | 27 Soft Tacos w/asst<br>Toppings<br>Broccoli & Cheese<br>Rice & Beans, Fruit          | 28 Ham OR Ham &<br>Cheese Sandwich<br>Chips & Salsa<br>Pickle, Carrots/dip<br>Pear Crisp & Fruit | 29 Dominos<br>Pepperoni<br>Pizza<br>Salad<br>Corn & Fruit                             | 30   |
| 31   | EXTRA ENTRÉE'S: BREADED CHICKEN/BUN, H/S CHICKEN/BUN, HOT DOG/BUN, BAKED POTATO/ROLL, SALAD BAR/ROLL, PB, & PB/J. |   |   |  |   |  |