



September 2009



OLPH LUNCH MENU

Sun	Mon	Tue	Wed	Thu	Fri	Sat
MILK: CHOCOLATE, 1%, SKIM, SKIM, STRAWBERRY, & VANILLA JUICE: APPLE & ORANGE	YOGURTS, GOGURTS, & WATERS ARE .50 EXTRA	1 Corn Dog Mashed Potatoes & Gravy Peas Fruit	2 BBQ Diced Chicken on a bun Baked Beans Buttered Carrots Fruit & Peach Crisp	3 Hamburger or Cheeseburger/bun French Fries Corn Fruit	4 Spaghetti and Meat Sauce Salad Garlic Toast Fruit	5
6	7 NO SCHOOL	8 Ham Sandwich w.asst toppings Dill Pickle, Salsa & chips, Fruit, Apple Crisp & Ice Cream	9 Chicken Rings Mashed Potatoes & Gravy, Green Beans Roll Fruit	10 French Toast & Syrup, Ham Hash Browns Cinnamon Apples Fruit	11 The Max Pepperoni Pizza Salad Corn Fruit	12
13	14 Fish on a bun Macaroni & Cheese Peas Fruit	15 BBQ Riblet/bun French Fries Buttered Carrots Fruit	16 Baked Turkey Mashed Potatoes & Gravy, Green Beans Roll, Fruit, Pear Crisp/WhipCream	17 Grilled Cheese Chicken Noodle Soup & Crackers Baby Carrots & dip Fruit	18 Parmesan Chicken Pasta & Sauce Salad Breadstick & Fruit	19
20	21 Cheese & Chicken Quesadilla w/asst. tops, Rice, Corn, Black Beans, Fruit	22 Turkey Hot Browns Mashed Potatoes & Gravy, Green Beans, Roll	23 Hamburger or Cheeseburger/bun French Fries Corn Fruit	24 Egg, Ham, & Cheese on a biscuit Hash Browns Cinnamon Apples Fruit	25 Dominos Cheese Pizza Salad Fruit	26
27	28 Peanut Butter Sandwich & Chili Celery Sticks Crackers Fruit	29 Baked Ham Macaroni & Cheese Buttered Carrots Cornbread Muffin Fruit & Peach Crisp	30 Chicken Nuggets Mashed Potatoes & Gravy, Green Beans, Roll Fruit	<i>EXTRA ENTRÉE'S: BREADED CHICKEN/BUN, HOT & SPICY CHICKEN/BUN, BAKED POTATO/ROLL, HOT DOG/BUN, SALAD BAR/ROLL, PB, & PB/J.</i>		